



DAILY SNACK GUIDELINES AND FOOD ALLERGY INFORMATION 2026 - 2027

This document contains all pertinent information regarding snack policy, procedures, and food allergies. In support of accommodating food allergies and fostering an inclusive, equitable classroom environment, we adhere to policies established by Mount Horeb Area School District (MHASD).

1. Caregiver shall provide a light and nutritious, healthy snack and beverage (water, milk, or 100% fruit juice) each day your child is in attendance in a labeled container, such as a reusable lunch bag. Please include a filled water bottle, as the children do not use the water fountains at school. A snack suggestion/guideline is below. This document will be provided to each family before the start of the school year.
2. Wisconsin State Requirements – The snack shall consist of one item from at least two of the following food groups: milk or milk product, fruits and vegetables, whole grains or cereal, and protein. Check the label to confirm the juice is 100% fruit juice before sending. If two food groups are not represented, ACP is required to supplement any missing components.
3. Food Allergies - Common food allergens such as peanuts and tree nuts (including but not limited to peanut butter or items containing peanut butter) will not be knowingly permitted in the preschool, and we do not knowingly serve products containing peanuts or tree nuts. **For the safety of students with allergies, some of which are severe food allergies, DO NOT send snacks that contain peanuts, peanut butter, or tree nuts.**
4. Please do not send any food treats for celebrations (birthday, holiday, etc.) Please review the backside of this document for a list of alternatives to edible treats.
5. To ensure a happy and healthy school year, please review the list below of “safe” snack suggestions.

Beverage:

Milk, Water, or 100% Fruit Juice

Whole Grain:

Graham Crackers	Goldfish Crackers
Pretzels	Cereal or Fruit Bars (nut free)
Animal Crackers	Popcorn
Crackers (Ritz, Wheat Thins, Club)	

No Crackers filled with Peanut Butter or Nutella

Fruit/Vegetable:

Applesauce	Grapes
Bananas	Raisins
Melon chunks	Orange/Clementine
Apple slices	Strawberries or seasonal berries
Cherry Tomatoes	Carrots
Celery Sticks	Pepper Slices
Cucumber Slices	

Protein/Dairy:

Cheese chunks	Sausage chunks/bites
String Cheese	Veggies/Ranch Dip
Yogurt	

Review both sides please

Alternative to Edible Treats

For the safety and health of students with allergies, some of which are severe food allergies, we request that all treats for celebrations (birthday, holiday, etc.) be in the form of non-food items.

Please consider the following non-food items as alternatives for classroom celebrations. Thank you for supporting a safe and healthy school environment.

Stickers	Pencils	Colored Pencils	Self-Inking Stampers	Water Adhesive Tattoos
Crayons	Markers	Bubbles	Mini Play Doh	Mini Coloring Books
Chalk	Erasers	Mini Notebooks	Fun Band Aids	Bouncy Balls

Check out the following stores for more ideas:

Dollar General

Party City

Target (seasonal bins at the main entrance)

Walgreens (seasonal aisle)

I'm excited about the upcoming school year. If you have any questions or concerns, feel free to reach out to me.

Amy Kellesvig, Director

Agape Christian Preschool

315 E Main Street, Mt Horeb, WI 53572

608-437-7100

agapekids@mhtc.net

kellesvigamy@mhasd.k12.wi.us

www.agapechristianpreschool.com